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with Buttered Mash





# **INGREDIENTS**

Big Al's Lamb Shank, 1 pre-rolled puff pastry, 400ml onion gravy, 100g precooked cubed carrots, 100g precooked cubed parsnips, 100g precooked swede, 1 beaten egg, buttered mash.

# WHAT TO DO

### For the Pie:

- 1. Thaw the Lamb Shank and shred the meat from the bones.
- 2. Add the veg and cover in gravy.
- 3. Roll out the pastry and slice a small X in the middle and place the bone through the hole. Brush the edges of the baking dish with the egg.
- 4. Press the pastry around the base of the bone and crimp the edges of the dish with a fork.
- 5. Brush the remainder of the egg wash and place in a preheated oven at 180c for 20-25 mins until piping hot and the pastry has risen and is golden brown.

## For the Mash:

- 1. Boil potatoes, discard the water and place back on the stove to cook off any extra moisture.
- 2. Take off the heat and add butter. Mash and season to taste.